



SEPTEMBER IS HUNGER ACTION MONTH • www.mdfoodbank.org

Be a voice for hunger in three easy steps!

1. Write something about hunger in the speech bubble.
Have you or someone you know experienced hunger? What are you doing to help end hunger? Why should others join the movement?
2. Cut it out along the dotted line.
3. Take a photo with it and share on Facebook and Twitter using #beavoicemfb hashtag.

For more, visit www.mdfoodbank.org/hunger-action-month