Most Needed Items

Canned Proteins
- tuna, salmon, chicken,
  peanut butter, beans

Pasta & Rice
- brown & white rice,
  macaroni & cheese, pasta

Canned Vegetables
- low sodium, no salt added

Fruits and Juices
- in light syrup or its own juices,
  fruit cocktail, apple sauce, juice boxes

Breakfast
- cereal, oatmeal, quick oats,
  granola/cereal bars

Soups & Stews
- low sodium, beef stew, chili,
  chicken noodle, vegetable, turkey & rice

Dairy
- shelf-stable milk,
  evaporated milk, infant formula

For more information, contact:

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