

## Most Needed Items



### Canned Proteins

tuna, salmon, chicken,  
peanut butter, beans



### Pasta & Rice

brown & white rice,  
macaroni & cheese, pasta



### Canned Vegetables

low sodium, no salt added



### Fruits and Juices

in light syrup or its own juices,  
fruit cocktail, apple sauce, juice boxes



### Breakfast

cereal, oatmeal, quick oats,  
granola/cereal bars



### Soups & Stews

low sodium, beef stew, chili,  
chicken noodle, vegetable, turkey & rice



### Dairy

shelf-stable milk,  
evaporated milk,  
infant formula

For more information, contact:

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