

Did you know **455,000 Marylanders** live at or below federal poverty level?

FOOD DRIVE

DATES



**MARYLAND
FOOD BANK**

UNTIL HUNGER ENDS.

410-737-8282

mdfoodbank.org

MOST NEEDED ITEMS

Support healthy eating by donating the following items:

- Canned Meat (tuna, chicken, etc.)
- Peanut Butter
- Pasta
- Fruits (canned or dried)
- Canned Soup
- Canned Vegetables
- Sauces / Salad Dressing
- Evaporated & Powdered Milk
- Infant Formula
- Pudding & Custard
- Oatmeal
- Breakfast Cereal
- Rice
- Nuts and Seeds
- Beans (canned or dried)

Our Mission

To lead the movement and nurture the belief that together we can improve the lives of Marylanders by ending hunger.